

# JOIN US FOR SOME GREAT LOCAL TRAINING!

The following is a list and description of the local training opportunities offered by the Rice County Child Care Association:

**Sept 8th: Licensing Updates & The Power of Music Play 8:30-11am \*Please arrive early\***

Instructors: Colleen Peterson and Marty Bragg

Location: Government Building 320 3<sup>rd</sup> Street NW, Faribault

Colleen will come and give us any updates with licensing and answer any questions.

Capture children's attention and imagination with music. Explore the impact of music on a developing child's body and mind. Identify how dancing, listening, and playing a beat can shift a child's mood, help with cooperation and allow them to express their emotions. Recognize the power of music to support children's early learning and development. \* Meets II.C requirements\*

**Oct 13<sup>th</sup>: Feed Yourself First: How to Manage Your Money and Save for Your Retirement 9-11am**

Instructor: Aloha Davis

Location: First English Lutheran Church, 204 2<sup>nd</sup> St. NW, Faribault

This training will help family child care providers and child care center workers better manage their money and save for retirement.

**Nov 10<sup>th</sup>: Stretching Your Grocery Dollar in Family Child Care 9-11am** Instructor: Tabytha Luikens

Location: First English Lutheran Church, 204 2<sup>nd</sup> St. NW, Faribault

Tips & tricks for shopping and cooking your way to savings. Learn how to stretch your money through loss lead shopping, price booking and alternate sources for food. We'll talk shopping strategies, bulk purchasing and long term storage to prevent loss. We'll also discuss how to stretch your dollar and food purchases once you have them home through meal planning, bulk cooking and creative "cook once, eat multiple times" recipes.

**Dec 8<sup>th</sup>: Health & Safety I Family Childcare** 9-11am Instructor: Stacy Boysen

Location: First English Lutheran Church, 204 2<sup>nd</sup> St. NW, Faribault

This series based course intended for experienced providers meets Licensing In-Service requirements as well as the health and safety requirements from the Child Care Development Fund. Participants will explore MN Rule 2 licensing standards and best practices around health and safety. This one is about allergies, medication administration, and medical type information. \*Required within the next 5 years\*

**Jan 12<sup>th</sup>: SUIDS/AHT training** 9-11am Instructor: Stacy Boysen

Location: First English Lutheran Church, 204 2<sup>nd</sup> St. NW, Faribault

Meets your FACE-to-FACE requirements under new rules! Face-to-Face is only required every other year, however the association will always offer Face-to-Face training annually!

**Feb 9<sup>th</sup>: Active Supervision: Provider Self-care and Privacy** 9-11am Instructor: Carrie Speikers

Location: First English Lutheran Church, 204 2<sup>nd</sup> St. NW, Faribault

Meets the Family Child Care provider annual supervision training requirements. This training curriculum will define MN DHS Rule 2 Licensing standards and best practices regarding supervision in family child care settings; identify the effects of provider stress/depression on supervision of and interaction with children; and identify appropriate self-care and privacy strategies that promote effective supervision and safety in child care.

**Mar 9<sup>th</sup>: Prevention and Behavior: It's All About Environment** 9-11am Instructor: Sharyl Kalal

Location: First English Lutheran Church, 204 2<sup>nd</sup> St. NW, Faribault

What does the early childhood environment say to children? This workshop will examine the physical and social environments and their effects on children's behavior. Learn how to prevent and guide children's behavior through hands on activities and practical strategies. \*Meets the II.C requirements\*

**April 13<sup>th</sup>: Health and Safety II Family Childcare** 9-11am Instructor: Stacy Boysen

Location: First English Lutheran Church, 204 2<sup>nd</sup> St. NW, Faribault

This series based course intended for experienced providers meets Licensing In-Service requirements as well as the health and safety requirements from the Child Care Development Fund. Participants will explore MN Rule 2 licensing standards and best practices around health and safety. This one is basically about emergencies and working on providers' emergency plans. \*Required within the next 5 years.\*

# Rice County Child Care Association 2018-2019 Training Opportunities

## Registration Information

Name: \_\_\_\_\_ Day Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_

**RCCCA Membership fee: \$65.00/year (this is to cover the cost of our certified trainers)**

\_\_\_\_ Yes, I would like to be a member for \$65

\_\_\_\_ **Sat., Sept 8th: The Power of Music Play and Licensing Updates** 8:30-11am ***Held at Gov't Building***  
**Cost:** Free to RCCCA members or \$20/non-members **\*\*Please arrive early to register\*\***

\_\_\_\_ **Sat., Oct 13th: Feed Yourself First: How to Manage Your Money to Save for Your Retirement** 9-11am  
**Cost:** Free to RCCCA members or \$20/non-members

\_\_\_\_ **Sat., Nov 10th: Stretching Your Grocery Dollar in a Family Child Care** 9-11am  
**Cost:** Free to RCCCA members or \$20/non-members

\_\_\_\_ **Sat., Dec 8th: Health & Safety I** 9-11am  
**Cost:** Free to RCCCA members or \$20/non-members

\_\_\_\_ **Sat., Jan 12th: SUIDS/AHT training** 9-11am  
**Cost:** Free to RCCCA members, \$10/non-member providers, \$5 for any sub/helpers

\_\_\_\_ **Sat., Feb 9th: Active Supervision: Provider Self-care and Privacy** 9-11am  
**Cost:** Free to RCCCA members or \$20/non-members

\_\_\_\_ **Sat., March 9th: Prevention and Behavior: It's all about Environment** 9-11am  
**Cost:** Free to RCCCA members or \$20/non-members for each session

\_\_\_\_ **Sat., April 13th: Health & Safety II** 9-11am  
**Cost:** Free to RCCCA members or \$20/non-members

**Please check the trainings you wish to attend.** If you plan on attending our September training just bring this form with you along with payment. If you are unable to attend the September training please send form along with payment to: **Melissa Boese: 26435 Independence Ave. Morristown, MN 55052**

Any questions please feel free to contact: Meghan Ernste 507-334-0376

All trainings are held at First English Lutheran Church, 204 2<sup>nd</sup> St. NW, Faribault **\*\*EXCEPT September\*\***