

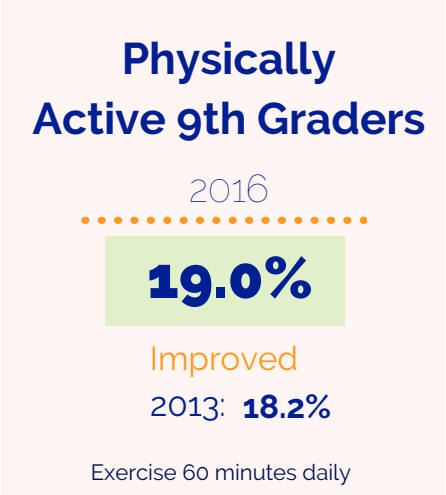


CHRONIC DISEASE DATA DASHBOARD: RICE COUNTY

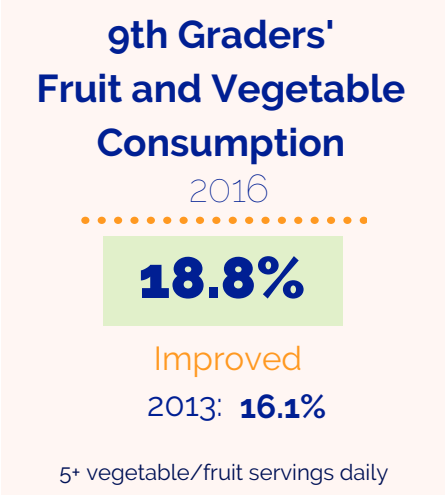
Healthy Lifestyle



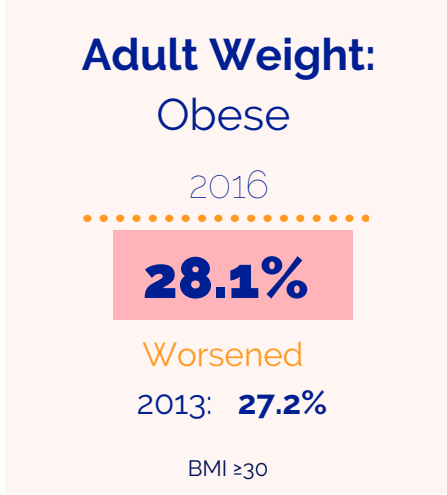
HP 2020 Goal: ≤16.1%



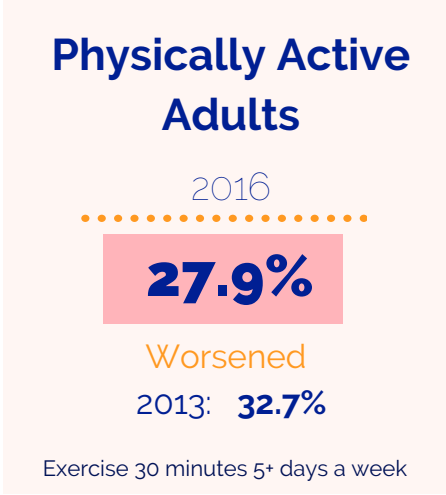
Recommended: 60 min. daily



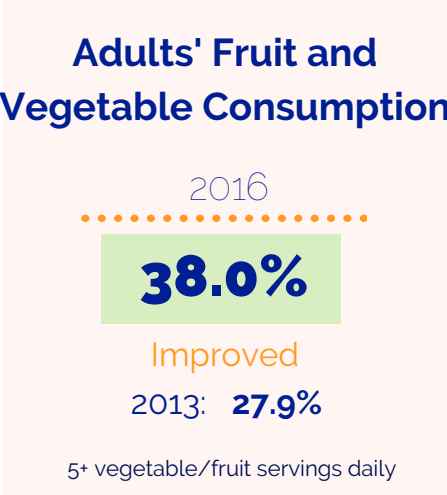
HM 2020 Goal: 30%



HP 2020 Goal: ≤30.5%



Recommended: 150 min. per week

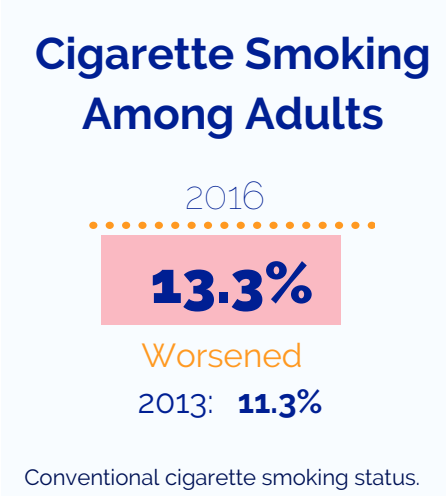


Recommended: half plate fruits and vegetables

Substance Use



HP 2020 Goal: 21% among youth in grades 9-12



HM 2020 Goal: 12%



HM 2020 Goal: 15.5%

Lung Disease



COPD Hospitalization Rate

2013-2015

19.8

Worsened

2012-14: **19.3**

Age adjusted rate per 10,000 people 25+ years old

Asthma Hospitalization Rate

2013-2015

5.5

Improved

2011-13: **6.9**

Age adjusted rate per 10,000, includes all age groups

Diabetes



Told by Health Care Provider: Diabetic

2016

7.9%

Worsened

2013: **7.7%**

Percent of adults who self reported a health care professional told them they have diabetes.

Heart Disease



Death Rate of Coronary Heart Disease

2014-2016

105.4

Improved

2012-14: **122.4**

Age adjusted rate per 10,000 people 35+ years old

HP 2020 Goal: 103.4

Cancer



Incidence Rate of Colorectal Cancer

2011-2014

34.8

Improved

2010-14: **36.1**

Age adjusted rate per 100,000 people

References:

- CDC Interactive Atlas of Heart Disease and Stroke
- Healthy Minnesota 2020
- Healthy People 2020
- MN Public Health Data Access
- Minnesota Student Survey
- Rice County Community Health Survey

Created by Rice County Public Health
Updated May 2019