

Each WRAP group meets  
for nine weeks in a row

Some exceptions may be  
made for holidays

Participants are expected  
to attend as many sessions  
as possible – each session  
builds on the content from  
the previous week

To register for an  
upcoming WRAP  
session, contact the  
Rice County Mental  
Health Collective:  
[info@rcmhc.org](mailto:info@rcmhc.org)  
507-664-3504